

NEW YORK
Health Forum

23rd Forum Fight Stomach Cancer

Stomach Cancer Disparities: Overcoming the Barriers

September 28th, 2023(Thursday)

4:00 PM - 6:00 PM ET

Barrymore Film Center, Fort Lee NJ

Organized by



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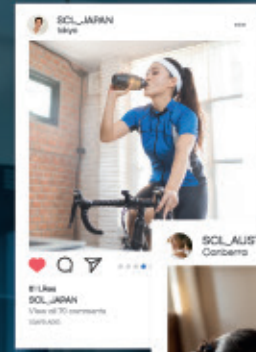
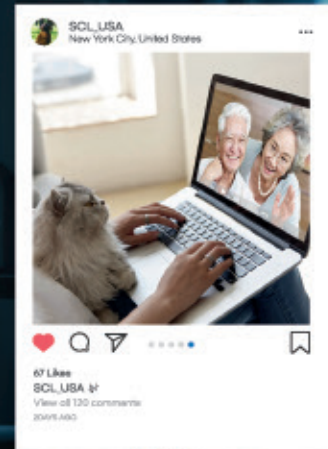


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Program

Welcome Greeting

Alex Kim, MD Icahn School of Medicine at Mount Sinai

Introduction

Chul S. Hyun, MD, PhD, MPH Chairman of New York Health Forum

Congratulatory Remark

Hon. Representative Andy Kim New Jersey's 3rd Congressional District

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Camilla Row, PhD Los Angeles, CA

II. Gastric Cancer: Epidemiology, Diagnosis, and Treatment

Stomach cancer trends and disparities among Korean Americans

Eunjung Lee, PhD Keck School of Medicine, USC.

Endoscopic Screening for Gastric Cancer: Modern Modalities

Mitch Spinnell, MD Northern New Jersey Center for Advanced Endoscopy

Global Comparison of Surgical Treatment for Early and Invasive Gastric Cancer

Steven Brower, MD Englewood Hospital Medical Center

III. Health Equity and Policy: Do we need Stomach Cancer Screening for Korean Americans?

Kaitlan Baston, MD Commissioner of New Jersey Department of Health

Kyunghee A. Choi, MPH Board Member of Bergen New Bridge Medical Center

Assemblywoman Ellen J. Park, Esq. New Jersey's 37th Legislative District

Greetings



Chul S. Hyun, MD, PhD, MPH
Chairman
New York Health Forum
Chair of the Board, W Medical Strategy Group

Dear Colleagues

New York Health Forum (NYHF) is pleased to host a health disparity forum entitled “Stomach Cancer Disparity: Overcoming the Barriers.” The forum is scheduled for September 28, 2023 (Thursday) from 4 to 6 PM at the Barrymore Film Center in Fort Lee, NJ.

Stomach Cancer disproportionately affects non-White minority groups, especially Asian Americans and Hispanic Americans, with the greatest impact on Korean Americans. A recent US-population-based analysis showed that among the age group generally considered for cancer screening (age>49), there is more than 10 times higher risk of gastric cancer in Korean Americans compared with the non-Hispanic White population. Despite these alarming statistics and decision model analyses showing that endoscopy for gastric cancer screening in these high-risk groups could be cost-effective, there is no guideline for gastric cancer screening in the US.

The primary goal of this forum is to galvanize community-physician partnerships for stomach cancer campaign movements to collectively explore innovative ways to help governments develop screening guidelines for stomach cancer in the US for high-risk populations.

We hope you will join us at the forum, and we look forward to working with you to further empower our community.

Greetings



DoHyun Cho, PhD
President and Founder
New York Health Forum
CEO of W Medical Strategy Group

Dear colleagues and participants,

With deep appreciation and boundless enthusiasm, I extend a warm welcome to each one of you to the 23rd New York Health Forum (NYHF). Today, we convene to address an issue of immense significance - “Stomach Cancer Disparities: Overcoming the Barriers.”

The New York Health Forum came into being in 2014, driven by a profound mission: to strengthen healthcare partnerships and facilitate the global exchange of knowledge. Our aim is to nurture innovation and encourage collaboration within the expansive domains of global healthcare and life sciences. NYHF has evolved into a platform that converges insights from diverse sectors, including industry leaders, academic scholars, esteemed research institutions, dedicated service providers, visionary financial investors, and policy makers. Together, we are steadfastly committed to pushing the boundaries of healthcare.

Today, our collective focus is on confronting a pressing health crisis that disproportionately affects minority communities, specifically Asian Americans and Hispanic Americans - stomach cancer. Among these groups, the burden falls particularly heavily on Korean Americans. Your presence here today is a testament to your dedication to this noble cause, and we are profoundly grateful for your support.

Thank you so much and enjoy the forum!



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Congratulatory



CONGRESSMAN ANDY KIM
UNITED STATES HOUSE OF REPRESENTATIVES
NEW JERSEY THIRD CONGRESSIONAL DISTRICT



I want to extend my warmest wishes and congratulations as you hold the New York Health Forum this year. Specifically focused on the impact of stomach cancer for Asian and Hispanic Americans, your passion in advancing equitable, culturally informed healthcare has certainly not gone unnoticed.

As the son of Korean immigrants, I recognize and appreciate the unique role that physicians, medical professionals, community leaders, and our own support systems play in addressing health conditions that disproportionately impact our communities. Within the Korean American community alone there is an extremely heightened risk of stomach cancer, but there continues to be a lack of coverage and information about screenings and prevention. We must continue to listen to the needs of our community and work together to advance preventative care and research that addresses health disparities across our country.

It is an honor to be the first Asian American Member of Congress to represent the state of New Jersey, and one of only four Korean Americans currently serving in Congress. Being a part of this diverse and exceptional community is a privilege I do not take lightly, and I look forward to continuing our work together in making a future that breaks down barriers to healthcare.

While I cannot be with you all tonight, please accept my warmest wishes for an exceptional forum. Thank you for all that you have accomplished in supporting Korean Americans, and I wish you continued success in achieving your mission.

Sincerely,

Andy Kim
Member of Congress

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**THE KOREAN AMERICAN
PHYSICIANS ASSOCIATION
OF NEW YORK**



I am truly honored to stand before you today at the New York Health Forum as we gather to discuss and applaud the collective efforts in the fight against stomach cancer on this momentous day, September 28, 2023.

This forum serves as a beacon of hope, a platform where dedicated professionals, researchers, and caregivers come together to share knowledge, experiences, and innovations in the battle against this formidable disease. It is a testament to our shared commitment to make a difference in the lives of those affected by stomach cancer.

I extend my heartfelt congratulations to all the participants, speakers, and organizers who have tirelessly worked to make this event a reality. Your dedication to raising awareness, promoting early detection, and advancing treatment options is a source of inspiration for us all.

Stomach cancer is a challenge that requires a united front, and forums like this are instrumental in fostering collaboration and driving progress. Together, we can provide hope and support to patients and their families, and ultimately, we can work towards a future where stomach cancer is a disease of the past. I encourage each of you to actively engage in the discussions, share your insights, and continue the vital work of New York Health in the fight against stomach cancer. Your contributions matter, and they have the potential to change lives.

Once again, congratulations to Dr. Hyun, and everyone involved in this important forum. Let us forge ahead with determination, compassion, and a shared vision of a world where stomach cancer is no longer a threat to our loved ones. Thank you for your commitment and dedication.

Best wishes for a successful and impactful event.

Warm regards,
Sanghyun Alexander Kim
President,
The Korean American Physicians Association of New York



**THE KOREAN AMERICAN ASSOCIATION
OF GREATER NEW YORK**



I am grateful to have the honor of participating in this Forum “Stomach Cancer Disparities: Overcoming the Barriers” - organized by the New York Health Forum (NYHF). I would like to offer my deepest respect and appreciation to Dr. Chul S. Hyun, Chair of Health Disparities, Executive Officers, and members of the New York Health Forum for their passion and continued efforts in caring and serving people with medical needs.

Korean Americans face a 10 times higher risk of gastric cancer compared with the non-Hispanic White population. This fact requires immediate action. I applaud NYHF for bringing together healthcare professionals, researchers, and community-based organizations to address this increased risk for the Korean American community.

The Korean American Association of Greater New York (KAAGNY) has served as the primary voice for Korean Americans in the NY metropolitan area since 1960 and is eager to participate in this effort. KAAGNY seeks to engage in a successful partnership to help raise awareness of the heightened risk of stomach cancer in the Korean community, by networking and engaging with critical stakeholders, including patients, physicians, healthcare professionals, researchers, and the private and public sectors.

We need to implement proper screening throughout the medical system, and remove barriers patients might face in seeking access to care and treatments for stomach cancer.

Again, I would like to express my deep appreciation and thanks to the New York Health Forum for its dedication to addressing this important health condition that profoundly affects so many patients and their families.

Kwang S. Kim
President,
The Korean American Association of Greater New York

Congratulatory



On behalf of the Korean Physicians in NY/NJ of International Medical Alumni (KNI), I congratulate NYHF on organizing Stomach Cancer Disparities: Overcoming the Barriers. This is a crucial topic that demands greater attention and action from the medical community and policymakers.

In Korea and Japan, the 5-year survival rate for stomach cancer approaches 70%, while in the US, it is only 33%. The primary reason for this difference is the existence of national gastric cancer screening programs in Korea and Japan, which involve gastroscopy every other year from age 40 onwards. These findings strongly warrant preventative strategies for the affected ethnic groups in the US.

KNI is a non-profit organization of Korean-American physicians dedicated to serving as a valuable resource to the broader community. We aim to promote professional development, networking, education, and research among our members and partners and expand our community service initiatives, especially addressing health disparities that affect our community.

We are proud to support the New York Health Forum. We hope this forum will increase awareness, generate insights, and inspire actions to enhance our community's health outcomes and quality of life.

Andrew Nam, MD
President,
Korean Physicians in NY & NJ of International Medical Alumni

NEW YORK Health Forum

NYHF is a gathering of influential individuals of the healthcare industry, during which attendees discuss significant industry topics including newly arising issues around the world.

www.nyhealthforum.net wgroup@wmedical.org



WAMJ is a magazine featuring renowned physicians and industry key opinion leaders, along with highlights of top stories and cutting-edge trends in the healthcare industry.



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Sanghyun Alexander Kim, MD
President 2023, KAMPANY
Associate Professor of Surgery, Icahn School of Medicine at Mount Sinai



BIOGRAPHY

Dr. Sanghyun (Alex) Kim is an Associate Professor of Surgery at the Icahn School of Medicine at Mount Sinai and the Site Chief of Colon and Rectal Surgery at Mount Sinai Beth Israel, Mount Sinai Downtown-Union Square, and Mount Sinai Morningside. Specializing in robotic, laparoscopic, and trans-anal surgical techniques, Dr. Kim has been instrumental in revitalizing and growing the downtown colorectal surgery program since becoming Site Chief of Mount Sinai Downtown in 2018. As Site Chief of both MSBI and MSM, Dr. Kim is energized to further improve patient experiences by providing seamless care to both our downtown and uptown communities.

Chul S. Hyun, MD, PhD, MPH
Chairman, New York Health Forum
Chair of the Board, W Medical Strategy Group



BIOGRAPHY

Chul S. Hyun received his B.A. from Johns Hopkins University, M.D. from the University of Miami School of Medicine and completed his Internal Medicine Internship and Residency at Georgetown University Medical Center. Subsequently, he pursued a Gastroenterology and Liver Fellowship at Yale University School of Medicine. He holds a Ph.D. in Biophysics from the University of Rochester School of Medicine and an MPH from the Columbia University. He furthered his research with a postdoctoral fellowship in Physiology at the University of Chicago School of Medicine. He is Board-certified in Gastroenterology and has been a faculty in the Division of Gastroenterology and Hepatology at Weill Cornell Medical College since 1996. Dr. Hyun has served as a Board Member of the New Jersey State Board of Medical Examiners (2017- 2018). He has also served as the president of the Korean American Medical Association (2011-2013) and is the founding President of the World Korean Medical Organization (2012-2015). He has founded several nonprofit health organizations such as the Center for Viral Hepatitis and Asian American Stomach Cancer Task Force, and published articles on ethnic health disparities in the US. He is currently the chair of the New York Health Forum (NYHF).

Hon. Representative Andy Kim
New Jersey's 3rd Congressional District

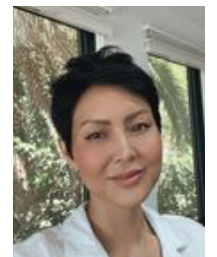


BIOGRAPHY

Congressman Andy Kim represents the Third Congressional District of New Jersey. He has dedicated his life to serving the country. He worked as a career public servant under both Democrats and Republicans, having served at USAID, the Pentagon, the State Department, the White House National Security Council, and in Afghanistan as an advisor to Generals Petraeus and Allen. In the House of Representatives, Congressman Kim is working on an agenda to bring this country together and strengthen its national and economic security. He supports strong measures that boost our economy by investing in small businesses and innovation, creating fairness and opportunities for working families, and honoring America's promises to military families and veterans. He graduated from the University of Chicago with a degree in political science and received a Rhodes Scholarship and a Harry S. Truman Scholarship to study international relations at Magdalen College, Oxford.

Session 1

Camilla Row, PhD
Clinical Psychologist, Los Angeles, CA



BIOGRAPHY

Dr. Camilla Row holds a PH.D. in Clinical Psychology. She is a mental health professional with highly specialized training in the diagnosis and psychological treatment of mental, behavioral and emotional illnesses, including obsessive-compulsive disorder (OCD). Her main focus is on diagnosing and treating mental, emotional, and behavioral disorders. Some of the common disorders that she can treat are learning disabilities, substance abuse, depression, anxiety, and eating disorders. First diagnosed with Stage IB gastric cancer in June 2018, she is on a mission to spread awareness and be an example of a stage 4 patient who is thriving.

Session 2

Eunjung Lee, PhD

Associate Professor of Research Population and Public Health Sciences, University of Southern California



BIOGRAPHY

Dr. Eunjung Lee is a cancer epidemiologist and an Associate Professor of Research Population and Public Health Sciences at the University of Southern California. Her research interests are in understanding the interplay of environmental factors and chemical pollutants interacting with molecular, genetic and epigenetic factors to influence cancer risk and cancer disparities with focus on understudied Asian American and Latinx populations.

Mitchell K. Spinnell, MD

Gastroenterology,
Northern New Jersey Center for Advanced Endoscopy



BIOGRAPHY

Dr. Spinnell is board certified in gastroenterology and in internal medicine. He has special interest in advanced endoscopic procedures, including ERCP, EUS, and stenting. Dr. Spinnell received his MD from the State University of New York at Buffalo School of Medicine. He did his internal medicine residency, and was chief resident, at Albert Einstein College of Medicine-Montefiore Medical Center, where he also received his gastroenterology training. He has participated in clinical research involving Crohn’s disease, C. difficile colitis, hepatitis, and bloodless medicine. Dr. Spinnell is a member of the American College of Gastroenterology, the American Medical Association, the American College of Physicians, the American Society of Gastrointestinal Endoscopy, and the American Gastroenterological Society. He practices at the Gastroenterology Group of Northern New Jersey.

Steven T. Brower, MD

Chief of Surgical Oncology, Englewood Hospital
Medical Director, Lefcourt Family Cancer Treatment and Wellness Center



BIOGRAPHY

Dr. Brower is medical director of the Lefcourt Family Cancer Treatment and Wellness Center and chief of surgical oncology at Englewood Hospital. As a hepatobiliary and gastrointestinal cancer surgeon, he has performed hundreds of surgeries related to cancers of the liver, pancreas, stomach, and esophagus, as well as rare gastrointestinal tumors (carcinoids). He has specific interests in treating diseases affecting the Asian American population both in NYC Chinatown, Flushing and the A.A. community in Bergen County. Dr. Brower is a Founding member of Imigastric, the largest Global Surgical Trials Group Investigating Surgical Approaches to Gastric Cancer Worldwide. He served on the executive Committee of the ACOSOG Clinical Trials Group. HE is an editor of the Journal Gastric Cancer published from Sun Yat Sen University in China. . Previously, Dr. Brower was professor and vice chair of surgery at the Icahn School of Medicine at Mount Sinai and the chief of surgical oncology and director of strategic planning and extramural affairs at the Continuum Cancer Centers of New York. He is coeditor of the first evidence-based surgical textbook and author of more than 100 peer-reviewed articles on gastrointestinal and surgical oncology.

Kaitlan Baston, MD

Commissioner of New Jersey Department of Health



BIOGRAPHY

Dr. Baston is the Commissioner of New Jersey Department of Health. Dr. Baston is focused on decreasing health disparities, improving maternal child health outcomes, and enhancing integrated care for behavioral health and substance use disorders. In her role as Health Commissioner, she strives to ensure that all people have access to resources that can keep them healthy and to compassionate, evidence-based medical care when needed. Dr. Baston is proud to work with an interdisciplinary team of like-minded, driven individuals at the Department of Health who are dedicated to improving the equity and health of New Jersey. Dr. Baston is dual boarded in Family Medicine and Addiction Medicine, obtained a master’s degree in Neuroscience from Kings College, London, and graduated from Jefferson Medical College in Philadelphia, PA.

Speakers

Session 3



Kyunghee A. Choi, MPH

Board Member of Bergen New Bridge Medical Center

BIOGRAPHY

Ms. Choi retired from JP Morgan as a Managing Director after witnessing the terrorist attacks on the World Trade Center in front of her eyes on September 11, 2001. Since then, she committed her life's work to serving local and global communities, with a special focus on the Asian American community. Under her leadership and through the establishment of the Asian Health Services, Holy Name Medical Center transformed into one of the preeminent healthcare institutions for the Asian community. Because of its success and innovation, Ms. Choi won numerous industry awards in the US and Korea for creating a best-in-class culturally competent medical care model. Ms. Choi has been active in community services and involved in multiple non-profit organizations as a board member including Bergen New Bridge Medical Center and she also has been recognized with awards and recognitions including White House Award on Vital Hepatitis Screening. Ms. Choi earned her bachelor's degree in business management at the University of Maryland and master's degree in public health from Columbia University.



Assemblywoman Ellen J. Park, Esq.

New Jersey's 37th Legislative District

BIOGRAPHY

Ellen Park is an American lawyer and Democratic Party politician who was elected in the 2021 New Jersey General Assembly election as an assemblywoman for New Jersey's 37th legislative district, making her the first Korean American woman to be elected to the New Jersey Legislature. She is currently assigned for two committees which are Financial Institutions and Insurance and Science, Innovation and Technology Committee. In 2016, she was elected to serve on the Englewood Cliffs, New Jersey Borough Council. Assemblywoman Park obtained BA degree from New York University and earned a Juris Doctor degree from the Hofstra University School of Law.

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